

Week #5

Scripture Focus – **You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings.**

Meditation –

Though your enemies are surrounding you, you are safe at God's table. You are covered in the oil that a shepherd offers, which protects, heals, and prevents harm done to you. Your needs are seen and taken care of, with more than enough for what you need.

Instill into your heart that this truth is valid for the rest of your entire life. Repeat it over and over in your head. Invite the Holy Spirit to aid you into believing this truth. (Source: justdisciple.com)



Kid Connection –

- Ask an adult to help you set the table tonight. Then make a place card for each person at the table. Decorate the place card with their name and something you love about them.
- Before dinner, with your family write a blessing on small pieces of paper. Then add the paper to a cup. Fill up the cup (to the very top!) with your blessings! Give thanks!
- Listen to this song often to help you learn the 23rd Psalm! Create your own motions to help you remember God's promises.

[Click to Listen - to 23rd Psalm Song](#)

Questions to Ponder –

Does your life feel to you like a feast?

Who do you consider to be your "enemies"?

Do you feel honored?

Does your life feel as though you are overflowing with blessings?

Song –

[Come to the Table by Sidewalk Prophets](#)

Prayer –

Renewing God, I am deeply thankful that you allow me to feast upon your blessings every moment. Awaken me to see how truly blessed I am. Lord, you have made clear that your grace is given freely to all of your children, yet I admit that I struggle to make peace with my enemies. Allow me to be a conduit of your goodness, that as my own blessings overflow, I may be a blessing to others. I await the day when I will again be feasting upon your word with my church family at St. Paul's. In the time we are apart, help me to be a peacemaker to those with whom I disagree so that your anointing may overflow upon all your children. Amen.

pray continually

Each One, Reach One

Take a photograph that symbolizes this week's focus that you find in your everyday surroundings.

Send the photo to St. Paul's to be used in a future church service.