

Week #1 February 28, 2021

Scripture Focus - **The Lord is my Shepherd**

*Meditation -*

During this part of the meditation, take a deep breath and dwell on God. God is your shepherd and your provider. Take ease in the knowledge that you do not need anything, but that He has it all for you. Any desires to look elsewhere, other than God, lay aside for the time being. Just be with the Holy One.

The LORD is our shepherd. A shepherd in Biblical times would lay down his life for his sheep, protecting them from danger and death. The shepherd would make sure that the sheep were well taken care of and that they would not wander astray. David, the Psalmist, knew this very well because he was a former shepherd. He would protect his sheep unto death. How much more will an eternal, all-powerful God protect you? (Source: justdisciple.com)

*Kid Connection -*

- The Bible is full of metaphors -- a type of figurative language that compares two objects. What animal do you think you are most like? Why? Draw a picture and share why you chose that animal.
- Listen to this song often to help you learn the 23rd Psalm! Create your own motions to help you remember God's promises.

[Click to Listen to 23rd Psalm Song](#)



*Questions to Ponder -*

Spend time on the word **Lord**. What does that mean to you?

What does it mean to be a shepherd? A sheep?

*Song -*

[Shepherd by Amanda Cook](#)

*Prayer -*

Holy One, thank you for shepherding my life and guiding me back to your path when I stray. Help me to listen for your guiding call in my life. Lord, unite the flock of St. Paul's and keep us in your protective care. We pray especially for the shepherds you have given our church: Pastor Matt and Amanda, Church Staff, Church Council, Youth Ministry, Ministry Teams. Help that we may all look to you, Lord, for your good gifts and your guiding hand. Amen.

*pray continually*

**Each One, Reach One**

Take a photograph that symbolizes this week's focus that you find in your everyday surroundings.

Send the photo to St. Paul's to be used in a future church service.